



### **PCA Club Racing Concussion Policy**

A concussion is a traumatic event that may result in serious brain injury and impair a racer's judgments in the near and long term. In order to keep not only the racer safe but also those racing with him/her, a medical evaluation clearing the racer must be done prior to continued racing participation. The following is the PCA Club Racing policy regarding a concussion occurring during a PCA race weekend.

1. Any traumatic head injury with LOC/confusion after an accident, at any time during a PCA Club Racing weekend, even for a brief period should be evaluated by Hospital Emergency Department (Emergency Room/ER) evaluation. If a diagnosis of concussion is made, no further racing for that weekend. If the racer refuses Emergency Department(ED) evaluation, he/she may not race again until medical clearance obtained as below.
2. If a concussion diagnosis is made, racer will need further medical clearance by a neurologist or physician qualified to appropriately evaluate neurological injury with specific attention to the head injury and concussion (this may also include a racer's primary care/family doctor). The examining doctor will also sign the first page of the PCA medical form that details what a racer undergoes during a race weekend in addition to a complete neurological evaluation clearing him for further racing.
3. Any significant non-traumatic and unexplained LOC (excluding obvious vaso-vagal or dehydration event) shall result in a suspension of participation until diagnosed, treated, and cleared by the appropriate physician.

All the above medical release certifications must be presented to the PCA Medical Safety Committee for approval at least 1 week prior to the racer's next racing event.

PCA Club Racing Medical Safety Committee Chairman  
Harry Kintzi MD FACEP