Confrontation visual field testing:

The doctor faces the patient and asks the patient to look straight ahead at doctor’s nose. Doctor has both hands out at 90 degrees from the midline of patient/doctor’s gaze. The doctor wiggles LEFT finger, then the RIGHT finger, then both. While maintaining a straight-ahead gaze, the patient lets the doctor know when he/she can see the finger move in the peripheral vision by pointing to which side the finger is moving or both sides if both are moving. If correctly identified at 90 degrees, test is finished, result documented. If the patient fails at 90 degrees, then the doctor moves that wiggling side’s finger closer to himself until the patient sees movement. Estimate of angle is then made and documented. 70 to 90 degrees is acceptable.